



Continuous Glucose Monitors (CGM) & Diabetic Testing

Supplies Coverage 2025

Managing your Diabetes: Zing is here to help!

Continuous glucose monitors, insulin delivery devices, and diabetic supplies are covered by Zing Health! Sometimes diabetic items are covered by your Zing medical benefit while others are covered by your pharmacy benefits (Medicare Part B). Only certain brands may be covered.

What diabetic blood glucose monitors, test strips, and supplies are covered by Zing?

- **Preferred Diabetic Supplies have a (\$0) cost share!**
 - **Preferred**
 - Glucose Monitors:
 - 1) Accu-Check
 - 2) One Touch
 - Test Strips:
 - 1) Accu-Check
 - 2) One Touch
 - Lancets:
 - Any brand
- **Non-preferred Diabetic Supplies will have a 20% coinsurance cost**
 - Any Diabetic manufacturer that is different from Accu-Check or One Touch is considered non-preferred.
 - Examples of non-preferred manufacturers include, but not limited to the following:
 - Freestyle
 - Contour



What are continuous glucose monitors (CGM) and which CGM's are covered by Zing?

A continuous glucose monitor is a wearable device that is placed underneath your skin. It provides your blood sugar levels continuously throughout the day. This is different than the traditional diabetes monitors that only measure your sugar levels when you test by a fingerstick.

How can I get a continuous glucose monitor (CGM) and supplies?

- Step 1:
 - Your doctor will need to request CGM authorization by submitting documentation to Zing with the following information
 - Documentation showing that you meet the coverage requirements to use a CGM (*see below*)
 - A prescription for the CGM and its supplies
 - Documentation explaining your diabetes is managed by your doctor at least every 6 months
- Step 2:
 - If you receive authorization for a CGM. The easiest and most convenient way to obtain a CGM is through your local pharmacy
 - Have your doctor send over the prescription(s) to your local pharmacy

What are the clinical coverage requirements to have a CGM covered?

A continuous glucose monitor will be covered when **ALL** the following criteria are met:

- Diagnosis of diabetes OR pre-diabetes OR gestational diabetes
- Treatment with any insulin therapy
- Prescriber documentation demonstrating the members blood sugar levels is more appropriate to control blood sugar levels with a traditional monitor and supplies

What CGM's are covered by Zing?

- **Preferred CGM**
 - Will have a \$0 cost share and include the following manufacturer:
 - Dexcom G6 and Dexcom G7



- **All Non-Preferred CGMs**

- Will have a 20% coinsurance and include, but not limited to the following manufacturers:
 - Freestyle devices

What Insulin delivery devices are covered by Zing?

- The following insulin delivery devices are covered by Zing:
 - Insulin pen needles (BD Embecta brand only)
 - Insulin syringes (BD Embecta brand only)
 - Omni-pod

FOR PROVIDERS:

Prior Authorization Criteria for Approval for CGMs:

Continuous Glucose Monitors will be approved when **ALL** of the following criteria are met:

1. One of the following:

a. The patient has diabetes

OR

b. The patient has prediabetes

OR

c. The patient has gestational diabetes

OR

d. The patient is being treated with a concomitant drug that may affect blood sugar levels

AND

2. One of the following:

a. The patient is being treated with any insulin therapy

b. The prescriber has provided documentation indicating the patient's blood sugar levels will have improved control using a continuous glucose monitor as a substitute to traditional diabetes testing supplies

Length of approval: 12 months